

Annex C
 1085-20-4 (PL4 O)
 6 Nov 19

MANDATORY CADET KIT LIST

Items must be packed in a backpack or duffle bag suitable for bush travel - airline luggage (wheeled) is not acceptable. Cadets will also require a small daypack for carrying all the essential items needed throughout the day. All items including prescription medication must be clearly marked with the cadet's name. Any medication (with the exception of inhalers or epi-pens) needs to be handed to the First Aid Officer (CV McCaughan) by a parent/guardian upon cadet drop-off.

#	Item	#	Item
5	Pairs socks ¹	1	Sleeping bag ⁴ · Sleeping mat
1	Pair boots appropriate for all weather ²	1	Plastic or travel mug ⁵
3	Undergarments (long, cold weather)	1	Water bottle
3	Undershirt (t-shirt or similar)	1	Personal hygiene kit ⁶
1	Wool sweater or fleece	1	Flashlight, fresh batteries ⁷
3	Shirt, outer, cotton	1	Personal first aid kit (band-aids)
2	Pairs mitts or gloves	2	Large garbage bags
1	Toque	2	Writing utensil
1	Jacket (winter appropriate)	1	Small notepad
2	Pairs pants ³ - No Jeans!	1	Complete PT gear ⁸

Layered clothing is critical to staying warm and dry
1: Wool or polyester blend. Thin liner socks for comfort is optional.

- 2: Warm, waterproof or water resistant. Sturdy hiking shoes boots recommended.
- 3: Appropriate for cold, wet weather and wear outdoors. Jeans are not acceptable.
- 4: Suitable to -15°C (Will be provided if cadet does not have one)
- 5: Must be able to hold hot drinks
- 6: Toothpaste, toothbrush, floss, face towel etc.
- 7: LED headlamp recommended.
- 8: Running shoes, shorts, t-shirt, socks, sweat pants, sweat shirt

OPTIONAL CADET KIT LIST

#	Item	#	Item	#	Item	#	Item
1	Watch	1	Set OD combats	1	Headlamp	1	Pair combat boots
1	Blue beret or wedge	1	Set rain gear	1	Scarf		

ILLICIT ITEMS

1. The following items are forbidden:
 - A. Ammunition and firearms;
 - B. Pyrotechnics;
 - C. Illicit drugs, non-prescription drugs, and contraband items;
 - a. No electronic nicotine items, such as vapes, ejuice, Juul or similar items
 - D. Personal electronics (cellphones, iPods, etc.);
 - E. Knives; and
 - a. Exception made for Level 4 and up Cadets;
 - b. Fixed blades no longer than four (4) inches;
 - c. Folding blades no longer than three (3) inches;
 - F. As per CATO 55-04: CADPAT combats or clothing

****Bringing Illicit Items to the campgrounds will result in the cadet being RTU'd at the expense of the parent.****